

WHY are You Doing This to Me?

By Pat Answers

This is a question frequently asked by those on the receiving end of group abuse, often verbal, emotional or psychological, as performed by manipulative controllers and bullies of all degrees. (so there are no wounds showing that could be seen as proof of abuse)

Do you understand **WHY** you can't get a straight answer from them on a one to one basis of communication?

It is because telling you **WHY** they are doing it would ruin their self delusion on which that behaviour is based. Frankly this type does not understand what the word "this" means, since what it means to **them**, and what it means to **you**, are **NOT** the same thing.

The answer you see, would have to be,

*"I am doing this to prove my "superiority" to **myself**. That's what motivates me. No one is allowed to challenge me. That is all I really care about and what makes me fundamentally deaf to **anything** you say. That's why you feel like you are talking to the wall. I can't hear anything other than the sound of my own controlling voice. I'm a complete narcissist but I think being as I am, makes me superior to you and others whom I manipulate, usually "covertly." So I am not going to let go of this cause really maaannnn what a rush of power this for **ME!** It's all about **ME** Now in order for me to maintain and retain this self delusion, **anything** you say, or think, or feel, or do, including any direct questions you **try** to ask me, or anything you try to **TELL** me, will be perceived by me, as signs of how stupid and/or crazy **YOU** are and any emotions you show me, especially the "negative" ones, will be perceived by me as controlling you and your reactions, which will mean to me, that I am "winning."*

*That is because as a superior one to you, it really doesn't matter at all **WHAT** you say or do, feel or don't feel, understand or don't understand, as no matter **what** it is, I , as the self deluded jack ass, proving my "superiority" to myself, will "interpret" **ALL** of it to suit my **own** pathetic needs."*

That's the real answer. Now I think you on the **receiving** end of this crap can see **WHY** you can't get a direct answer from this type. So rather than ask them "why," or trying to "get through" to them, on an equal human basis, change your position. **Tell** third parties and others who share you experience, from **YOUR** point of view, preferably **near** the asshole of the hour, **WHY** such people do what they do, which is perfectly obvious to you, and what they get out of it. For nothing ruins all their "fun" like **KNOWING** that their "inferior" targets can see them and hear them for **exactly** what they **are**; pathetic sad, little losers in their self-defined "game of life," trying to convince **themselves** that they are real winners. And you know...on a certain level they **ARE** just that. Now...please don't take that the **wrong** way, all you real "winners" out there, in the world of reality.

Feel free to download this PDF file and hand it out to all the victims of bullies, "covert" controllers, mockers, ridiculers and abusers. Remember- words can harm **AND** words can heal. That too is all a matter of perspective; so use them wisely for both self **AND** others.